



Menu For The Month

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Day of The month	Breakfast	AM Snack	Lunch	PM Snack	Dinner	PM Snack
1	Bagel Cream Cheese Strawberries Milk	Peanut Butter Apples	Turkey Franks Hotdog Bun Pork and Beans Grapes Milk	Yogurt Pears	Ground Beef Lasagna Noodles Green Beans Peaches Milk	American Cheese Crackers
2	Waffles Orange Juice Milk	String cheese Fruit Cocktail	Ground Beef Hamburger Bun Tater Tots Apple Milk	Peanut Butter Celery	Cheddar Cheese Macaroni Noodles Broccoli Orange Milk	Fish Sticks Crackers
3	Brand Muffins Apple Milk	Turkey Breast Wheat Bread	Ham French Bread Spinach Peaches Milk	Popcorn Juicy Juice	Turkey Franks Hotdog Bun Pork and Beans Grapes Milk	Whole Grain Chips Salsa
4	Oatmeal Banana Milk	String cheese Fruit Cocktail	Cheddar Cheese Macaroni Noodles Broccoli Orange Milk	Yogurt Grapes	Ground Beef Hamburger Bun Tater Tots Apple Sauce Milk	American Cheese Crackers Berry Juicy Juice
5	Waffles Banana Milk	Peanut Butter Apples	Ground Beef Lasagna Noodles Broccoli Peaches Milk	Popcorn Juicy juice	Chicken Rolls Green Beans Pineapples Milk	Whole Grain Chips Salsa





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Day of The month	Breakfast	AM Snack	Lunch	PM Snack	Dinner	PM Snack
6	Bagel Grapes Milk	Turkey Breast White Bread	American Cheese Wheat Bread Tomato Soup Green Beans Milk	Popcorn Juicy Juice	Turkey Franks Hotdog Bun Corn Apple Milk	Whole Grain Chips Salsa
7	Oatmeal Banana Milk	American Cheese Wheat Bread	Ground Beef Roll Mash Potatoes Green Peas Milk	Peanut Butter Apples	Pepperoni Pizza Tomato Sause Carrots Milk	Yogurt Pineapple
8	Pork Kielbasa Waffles Strawberries Milk	String Cheese Orange	Chicken Rolls Green beans Pears Milk	Fish Sticks Crackers	Ground Beef Noodles Broccoli Pineapples Milk	Peanut Butter Celery
9	Brand Muffins Honey Dew Melon or Fruit in season Milk	Whole Grain Chips Salsa	Turkey Franks Hotdog Bun Corn Grapes Milk	Popcorn Juicy Juice	American Cheese Wheat Bread Tomato Soup Carrots Milk	Turkey Breast White Bread
10	Oatmeal Banana Milk	Yogurt Oranges	Sausage Pizza Green Beans Carrots Milk	String Cheese Pears	Chicken Noodles Green Peas Corn Milk	Peanut Butter Apples





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Day of The month	Breakfast	AM Snack	Lunch	PM Snack	Dinner	PM Snack
11	Cereal Banana Milk	Peanut Butter Apples	Turkey Breast French Bread Lettuce Pickle Milk	String Cheese Bread Sticks	Chicken Roll Mash Potatoes Corn Milk	Popcorn Juice
12	Bagel Cream Cheese Strawberries Milk	Ham Wheat Bread	Cheddar Cheese Ravioli Green Beans Orange Milk	Yogurt Grapes	Turkey Legs Stuffing Mustard Greens Sweet Potato Milk	Whole Grain Chips Salsa
13	Muffin Apple Milk	Yogurt Fruit Cocktail	Ground Chicken Flour Tortillas Refried Beans Tomatoes Milk	Sunflower Seeds Raisins	Chicken Legs Whole Wheat Bread Carrots Peas Milk	Coby-Jack Cheese Crackers
14	Pork Kielbasa Waffles Bananas	Peanut Butter Celery	Turkey Franks Hotdog Bun Pork and Beans Pears Milk	Ham Wheat Bread	Cheddar Cheese Ravioli Green Beans Apples Skim Milk	Yogurt Grapes
15	Oatmeal Banana Milk	Popcorn Juice	Chicken Noodles Peas Carrots Milk	Sunflower Seeds Raisins	Turkey Breast French Bread Lettuce Pickles Milk	Whole Grain Chips Salsa





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The Month
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Day of The month	Breakfast	AM Snack	Lunch	PM Snack	Dinner	PM Snack
16	Bagel Cream Cheese Strawberries Milk	Peanut Butter Apples	Turkey Franks Hotdog Bun Pork and Beans Grapes Milk	Yogurt Pears	Ground Beef Lasagna Noodles Green Beans Peaches Milk	American Cheese Crackers
17	Waffles Orange Juice Milk	String cheese Fruit Cocktail	Ground Beef Hamburger Bun Tater Tots Apple Milk	Peanut Butter Celery	Cheddar Cheese Macaroni Noodles Broccoli Orange Milk	Fish Sticks Crackers
18	Brand Muffins Apple Milk	Turkey Breast Wheat Bread	Ham French Bread Spinach Peaches Milk	Popcorn Juicy Juice	Turkey Franks Hotdog Bun Pork and Beans Grapes Milk	Whole Grain Chips Salsa
19	Oatmeal Banana Milk	Peanut Butter Apples	Cheddar Cheese Macaroni Noodles Broccoli Orange Milk	Yogurt Grapes	Ground Beef Hamburger Bun Tater Tots Apple Sauce Milk	American Cheese Crackers Berry Juicy Juice
20	Waffles Orange Juice Milk	String cheese Fruit Cocktail	Ground Beef Lasagna Noodles Broccoli Peaches Milk	Peanut Butter Celery	Chicken Rolls Green Beans Pineapples Milk	Fish Sticks Crackers





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Day of The month	Breakfast	AM Snack	Lunch	PM Snack	Dinner	PM Snack
21	Bagel Grapes Milk	Turkey Breast White Bread	American Cheese Wheat Bread Tomato Soup Cucumbers Milk	Popcorn Juicy Juice	Turkey Franks Hotdog Bun Corn Grapes Milk	Whole Grain Chips Salsa
22	Oatmeal Banana Milk	American Cheese Wheat Bread	Ground Beef Roll Mash Potatoes Green Peas Milk	Peanut Butter Apples	Pepperoni Pizza Carrots Milk	Yogurt Pineapple
23	Pork Kielbasa Waffles Strawberries Milk	String Cheese Orange	Chicken Whole Wheat Bread Green beans Pears Milk	Fish Sticks Crackers	Ground Beef Noodles Broccoli Pineapples Milk	Peanut Butter Celery
24	Brand Muffins Honey Dew Melon or Fruit in season Milk	Whole Grain Chips Salsa	Turkey Franks Hotdog Bun Corn Grapes Milk	Popcorn Juicy Juice	American Cheese Wheat Bread Tomato Soup Carrots Milk	Turkey Breast White Bread
25	Oatmeal Banana Milk	Yogurt Oranges	Sausage Pizza Tomato Sauce Corn Milk	String Cheese Pears	Chicken Noodles Green Peas Carrots Milk	Peanut Butter Apples



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Day of The month	Breakfast	AM Snack	Lunch	PM Snack	Dinner	PM Snack
26	Cereal Banana Milk	Peanut Butter Apples	Turkey Breast French Bread Lettuce Pickle Milk	String Cheese Bread Sticks	Chicken Whole Wheat Bread Mash Potatoes Corn Milk	Popcorn Juice
27	Bagel Cream Cheese Strawberries Milk	Ham Wheat Bread	Cheddar Cheese Ravioli Green Beans Oranges Milk	Yogurt Grapes	Turkey Legs Stuffing Mustard Greens Sweet Potato Milk	Whole Grain Chips Salsa
28	Muffin Apple Milk	Yogurt Fruit Cocktail	Ground Chicken Flour Tortillas Refried Beans Tomatoes Milk	Sunflower Seeds Raisins	Chicken Legs Rice A Roni Carrots Peas Milk	Coby-Jack Cheese Crackers
29	Pork Kielbasa Waffles Bananas	Peanut Butter Celery	Turkey Franks Hotdog Bun Pork and Beans Pears Milk	Ham Wheat Bread	Cheddar Cheese Ravioli Green Beans Apples Milk	Yogurt Grapes
30	Oatmeal Banana Milk	Popcorn Juice	Chicken Noodles Peas Carrots Milk	Sunflower Seeds Raisins	Turkey Breast French Bread Lettuce Pickles Milk	Whole Grain Chips Salsa
31	Cereal Banana Milk	Peanut Butter Apples	Ground Chicken Flour Tortillas Refried Beans Tomatoes Milk	String Cheese Bread Sticks	Turkey Legs Stuffing Mustard Greens Sweet Potato Milk	Popcorn Juice

